



Training Event Catalog

One Place appreciates your interest in the training contained in this catalog. The table below provides information regarding training offered this quarter.

2nd Quarter Course Listing October-December 2024/FY 2024 – 2025

Date(s)	Training Title	Location of Training	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Technology Requirements: Laptop/Computer/Phone/Internet	Training Description
Tuesday October 1, 2024	Naptime Routines- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,F,P	None		Do your preschoolers struggle at naptime? Are you frustrated when they do not nap? This is the class for you! This training will provide early educators with strategies for implementing a high-quality naptime routine through setting a peaceful mood, creating naptime expectations, and planning rest time activities for those children who do not sleep. Participants will engage in large group discussion and small/large group activities. Instructor will access knowledge gained through hands-on activities. Feedback on outcome mastery will be provided verbally throughout the session. <i>Topic Area: Health and Safety/Physical & Intellectual Development/Social Emotional Development/Growth and Development/Inclusion</i>

*Target Audience Key: T-Teacher SA-School Age F-Family Child Care D-Director P-Parents PK –Pre-Kindergarten

Thursday October 3, 2024	Behavior Strategies for Inclusive Environments- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,F,P	None	This is a training course designed to equip early childhood educators with practical and effective strategies for managing challenging behavior in the classroom. Participants will learn strategies to create inclusive environments where every child feels valued and supported. By implementing these strategies, educators can foster a nurturing classroom atmosphere that promotes the healthy development of all children. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Tuesday October 8, 2024	Advanced Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/25)	1.0	A,T,SA,PK,F,P	None	The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall. Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training

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									Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced <i>Topic Area: Safe and Healthy Learning Environment</i>
Wednesday October 9, 2024	Staying on Track-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,F	None		Why are daily classroom routines and schedule so important in the daily lives of teachers and young children? How does following a consistent daily schedule with embedded routines support the social and emotional development of the children in your class? What can we do to help children 'stay on track' as they move through a typical preschool day? Through this training, you will receive answers to these questions and develop a deeper understanding of the role of schedules and routines in supporting healthy social-emotional development for all children. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Saturday October 12, 2024	Adult and Pediatric CPR/FA/AED- In Person	One Place	9:00- 2:30pm (Lunch will be provided)	\$70 (5/12)	5.0	A,T,SA,PK,F,P	None		This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be

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Tuesday October 15, 2024	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,P	None		demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. <i>Topic Area: Safe and Healthy Learning Environment</i>
									This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event. <i>Topic Area: Safe and Healthy Learning Environment</i>
Thursday October 17, 2024	Interactions Matter-Virtual	Microsoft TEAMS	6:30- 8:30pm (4 hrs- Seated &	\$15 (5/20)	2.0	A,T,PK,F	None		Positive child-staff interactions matter! Participants will learn how to teach with respect, offer encouragement, develop problem

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									solving skills and use questioning to dig deeper. They will participate in activities to strengthen their knowledge and watch video examples of interaction strategies in action.
									Topic Area: Physical & Intellectual Development/Social & Emotional Development/Observing & Recording Children's Behavior/Child Growth & Development
Monday October 21, 2024 & Wednesday October 23, 2024	NCFELD- Virtual Session 1 & Session 2 * Must attend both sessions for credit*	Microsoft TEAMS	6:00- 8:30pm	\$25 (5/20)	5.0/0.5	A,T,SA,PK	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained.	

									<i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/Inclusion</i> The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall. Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced** <i>Topic Area: Safe and Healthy Learning Environment</i>
Tuesday October 22, 2024	Advanced Fire Safety-Virtual	One Place	6:30-7:30pm	\$15 (5/20)	1.0	A,T,SA,PK,F,P	None		
Monday October 28, 2024	ITERS-R in Action-Virtual	Microsoft TEAMS	6:30-8:30pm	\$15 (5/20)	2.0	A,T,P	None		This course is designed to help participants receive an overview of the Infant and Toddler Environmental Rating Scale-Revised Edition. After completing this course, participants will understand the rating scale's

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								format, how to score items, and how it will increase the quality of care provided to the children in their classroom. Additionally, participants will be ready to put ITERS-R into Action! Participants will complete a pre/post-test to assess prior knowledge and knowledge gained because of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Tuesday October 29, 2024	Staying Healthy, Keeping it Clean-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,F,SA	None	This is a comprehensive childcare sanitation training designed to equip early child educators with the knowledge and skills needed to maintain clean and hygienic environments for young children. Participants will learn the latest sanitation protocols, including proper disinfection techniques, effective cleaning product selection, and strategies to prevent the spread of germs. By completing this training, educators will be empowered to create sparkling clean spaces that promote the health and well-being of the children in their care.

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									<i>Topic Area: Safe & Healthy Learning Environment</i> This course is designed to help participants receive an overview of the Early Childhood Environmental Rating Scale-Revised Edition. After completing this course, participants will understand the rating scale's format, how to score items, and how it will increase the quality of care provided to the children in their classroom. Additionally, participants will be ready to put ECERS-R into Action! Participants will complete a pre/post-test to assess prior knowledge and knowledge gained because of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Monday November 4, 2024	ECERS-R in Action-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,P	None		
Tuesday November 5, 2024	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	1.0	A,T,F,P,	None		This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After

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								completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event. <i>Topic Area: Safe and Healthy Learning Environment</i>
Saturday November 9, 2024	Adult and Pediatric CPR/FA/AED-In Person	One Place	9:00-2:30pm	\$70 (5/12)	5.0	A,T,F,P,SA,PK	None	This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. <i>Topic Area: Safe and Healthy Learning Environment</i>

Tuesday November 12, 2024	Behavior Intervention Strategies- Virtual	ZOOM	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,PK	None	Teachers who care for children with behavioral difficulties often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
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Wednesday November 13, 2024	Intro to SACERS-U- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,SA	None	This course is designed to provide an overview of the school-Age Environmental Rating Scale (SACERS). The learner will interpret SACERS key terms, practice scoring on SACERS scenarios, go over the proper handwashing and table cleaning procedures and look at each subscale in the SACERS. Knowledge gain will be assessed through skills practice, pre and post-test, and scoring activities. Upon completion of this course participants will be able to define, illustrate and apply knowledge gained within their programs. The instructor will assess knowledge gained during demonstrations. Feedback on outcome mastery will be provided throughout the session and through the evaluation process. <i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i>
Thursday November 14, 2024	EPR-Virtual	Microsoft TEAMS	6:00- 8:30pm	\$15 (5/20)	2.5	A	** Administrators and Office Support Only **	The Emergency Preparedness and Response (EPR) in Childcare Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Childcare Training addresses NC Childcare Rules on emergency preparedness, current best practice recommendations, and guidance on

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								completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Childcare Rules require that a designated individual from all licensed centers and family childcare homes complete the training and submit a facility EPR Plan.
Monday November 18, 2024	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/20)	1.0	A, T, PK, SA, F	None	<i>Topic Area: Safe & Healthy Learning Environment</i> This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**

									<i>Topic Area: Safe and Healthy Learning Environment</i>
Tuesday November 19, 2024 & Thursday November 21, 2024	BSAC-Virtual Session 1 & Session 2 (must attend both sessions to receive credit)	Microsoft TEAMS	6:30- 8:30pm	\$25 (5/20)	5.0/0.5	A,T,F,SA	None		This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session. The instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.
Tuesday December 3, 2024	Darkness to Light-Virtual	Microsoft TEAMS	6:00- 8:30pm	\$15 (5/20)	2.5	A,T,F,PF,P,SA	None		<i>Topic Area: Physical, Intellectual, Social Growth and Development</i> This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook.
Thursday December 5, 2024	Playground Safety-Virtual	Microsoft TEAMS	6:00- 8:30pm	\$20 (5/20)	4.0	A,T,F,SA,PK,P	None		<i>Topic Area: Safe & Healthy Learning Environment</i> This course is designed to promote safe play areas for children in childcare. Participants will learn about potential hazards and how to make childcare play areas safe for children. Participants must participate in small group activities, use audit equipment and review

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								playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit. *Participants will be required to complete 1.5 hours of independent coursework. *
								<i>Topic Area: Safe and Healthy Learning Environment</i>
Tuesday December 10, 2024	Advanced Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/25)	1.0	A,T,PK,F,P,SA	None	The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall. Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**

								<i>Topic Area: Safe & Healthy Learning Environment</i>
Thursday December 12, 2024	Staying Healthy, Keeping it Clean-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,PK,SA	None	This is a comprehensive childcare sanitation training designed to equip early child educators with the knowledge and skills needed to maintain clean and hygienic environments for young children. Participants will learn the latest sanitation protocols, including proper disinfection techniques, effective cleaning product selection, and strategies to prevent the spread of germs. By completing this training, educators will be empowered to create sparkling clean spaces that promote the health and well-being of the children in their care. <i>Topic Area: Safe & Healthy Learning Environment</i>
Saturday December 14, 2024	Adult and Pediatric CPR/FA/AED- In Person	One Place	9:00- 2:30pm	\$70 (5/12)	5.0	A,T,F,PK,P,SA	None	This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be <i>Topic Area: Safe & Healthy Learning Environment</i>

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								provided throughout the session and during the evaluation process.
Monday December 16, 2024 & Wednesday December 18, 2024	NCFELD- Virtual Session 1 & Session 2 *Must attend both sessions for credit*	Microsoft TEAMS	6:00- 8:30pm	\$25 (5/20)	5.0/0.5	A,T,SA,PK	None	<i>Topic Area: Safe & Healthy Learning Environment</i> This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. <i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Tuesday December 17, 2024	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,P	None	This course is designed to help participants learn strategies to improve infant sleep environments

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