



Training Event Catalog

One Place appreciates your interest in the trainings contained in this catalog. The table below provides information regarding trainings offered this quarter.

3rd Quarter Course Listing Jan-Mar 2024/FY 2023 – 2024

July-Sept Learning Events-All training formats are online and print						Technology Requirements: Laptop/Computer/Phone/Internet	
Date(s)	Training Title	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Thursday January 4, 2024	Eliminating Transitions=Eliminating Chaos	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,PK	None	<p>This course is designed to help learners recognize and understand how eliminating unwarranted transitions can have a positive impact on children's behavior and their learning experience. Through this course, participants will engage in various activities and group discussions that models and explains the process of transitions and how to implement meaningful transition activities. Participants will receive the tools to create a more productive classroom schedule and strategies to eliminate classroom chaos.</p> <p style="text-align: right;"><i>Topic Area: Health and Safety/Physical and Intellectual/Social and Emotional/Observing and Recording behavior/Child Growth and development/Inclusion</i></p>
							<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems,</p>

***Target Audience Key: T-Teacher SA-School Age F-Family Child Care D-Director P-Parents PK –Pre-Kindergarten**

<p>Tuesday January 9, 2024</p>	<p>Beginning Fire Safety- In Person</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/50)</p>	<p>1.0</p>	<p>A,T,SA,PK,F,P</p>	<p>None</p>	<p>fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Health and Safety/Program Management</i></p>
<p>Thursday January 11, 2024</p>	<p>Preventing Challenging Behaviors</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.</p> <p><i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i></p>
<p>Tuesday January 16, 2024</p>	<p>ITS-SIDS- In Person</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants</p>

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							<p>will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday January 18, 2024</p>	<p>ITERS-R in Action</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,F,P</p>	<p>None</p>	<p>This course is designed to help participants receive an overview of the Infant Toddler Environmental Rating Scale ITERS R assessment tool. Upon completion of this course participants will be able assess items in the ITERS – R book and help to identify quality in their classroom using age appropriate techniques. The instructor will assess knowledge gained during individual classroom presentations. Feedback on outcome mastery will be provided throughout the training session and during the evaluation process.</p> <p><i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i></p>
<p>Saturday January 20, 2024</p>	<p>Adult and Pediatric CPR, First Aid, AED-In Person</p>	<p>9:00- 2:30pm (30 min lunch included)</p>	<p>\$70 (5/12)</p>	<p>5.0</p>	<p>A,T,F,SA,PK,P</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing</p>

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							<p>emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday January 23, 2024</p>	<p>Beginning Fire Safety- Virtual</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/50)</p>	<p>1.0</p>	<p>A,T,F,P,PK,SA</p>	<p>None</p>	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday January 25, 2024</p>	<p>Developing Appropriate Behavior</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding when children can be expected to acquire certain social-emotional skills and guides participants toward understanding, respecting and responding to developmentally appropriate behaviors.</p>

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							<i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i>
Monday January 29, 2024 & Wednesday January 31, 2024	NCFELD Session 1-Virtual & Session 2-In Person *Must attend both sessions for credit*	6:30- 8:30pm (4 hrs- Seated & 1 hr- Homework)	\$25 (5/20)	5.0/0.5	A,T,F,SA,PK	None	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
							Did you know that movement is fundamental to life? Did you know that

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<p>Monday February 5, 2024</p>	<p>Brain Development: Seeing and Supporting Children's Active Bodies</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,P,F,SA</p>	<p>None</p>	<p>stopping children from moving may actually harm them? There is an important connection between children's bodies and their brains. Learners will understand the connection and appreciate the need to incorporate large muscle experiences into the classroom. Learners will also be able to identify children's movement needs and discuss how to incorporate large muscle experiences into classroom spaces.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
<p>Tuesday February 6, 2024 & Thursday February 8, 2024</p>	<p>BSAC-In Person Sessions 1 & 2 *Must attend both sessions for credit*</p>	<p>6:30- 8:30pm</p>	<p>\$25 (5/20)</p>	<p>5.0/0.5</p>	<p>A,T,F,SA</p>	<p>None</p>	<p>This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session. Instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/Social-Emotional Development/ Growth and Development/Observing & Recording Children's Behavior/Inclusion</i></p>
<p>Tuesday February 13, 2024</p>	<p>Advanced Fire Safety- In Person</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/50)</p>	<p>1.0</p>	<p>A,T,F,P,PK,SA</p>	<p>Must have completed Beginning Fire Safety within the last 12 months and be able to provide</p>	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by</p>

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						the date of the training	<p>the NC Fire Code. To complete this course participants will be required to create an Emergency Evacuation Plan for their site prior to attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday February 15, 2024</p>	<p>Darkness to Light</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,F,P,PK,SA</p>	<p>None</p>	<p>This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Monday February 19, 2024</p>	<p>ECERS-R in Action</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK</p>	<p>None</p>	<p>This course is designed to help participants receive an overview of the Early Childhood Environmental Rating Scale-Revised Edition. After completing this course participants will understand the format of the rating scale, how to score items, and how using the scale will increase the quality of care provided to the children in their classroom. Additionally, participants will be ready to put ECERS-R into Action! Participants will complete a pre/post test to assess prior knowledge and knowledge gained as a result of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during</p>

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							<p>presentations to assess knowledge gained.</p> <p><i>Topic Area: Safe and Healthy Learning Environment/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Child's Growth and Development</i></p>
<p>Wednesday February 21, 2024</p>	<p>ITS-SIDS- In Person</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,F,P</p>	<p>None</p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday February 22, 2024</p>	<p>Causes of Misbehaviors: Why do they act that way?</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in</p>

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							<p>determining how to prevent/reduce challenging behaviors.</p> <p><i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i></p>
<p>Saturday February 24, 2024</p>	<p>Adult and Pediatric CPR/FA/AED-In Person</p>	<p>9:00- 2:30pm (Lunch will be provided)</p>	<p>\$70 (5/12)</p>	<p>5.0</p>	<p>A,T,SA,PK,F,P</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Monday February 26, 2024 & Wednesday February 28, 2024</p>	<p>NCFELD Session 1-Virtual & Session 2-In Person</p> <p>*Must attend both sessions for credit*</p>	<p>6:30- 8:30pm (4 hrs- Seated & 1 hr- Homework)</p>	<p>\$25 (5/20)</p>	<p>5.0/0.5</p>	<p>A,T,F,SA,PK</p>	<p>None</p>	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental</p>

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							<p>domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
Tuesday February 27, 2024	Advanced Fire Safety- Virtual	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,F,SA,PK,P	Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course participants will be required to create an Emergency Evacuation Plan for their site prior to attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Tuesday March 5, 2024	ITS-SIDS- In Person	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,PK,F	None	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death.</p>

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							<p>The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday March 7, 2024</p>	<p>Playground Safety</p>	<p>6:00- 8:30pm (2.5 hrs- seated & 1.5 hrs- Homework)</p>	<p>\$20 (5/20)</p>	<p>4.0</p>	<p>A,T,F,SA,PK</p>	<p>None</p>	<p>This course is designed to promote safe play areas for children in child care. Participants will learn about potential hazards and how to make child care play areas safe for children. Participants will be required to participate in small group activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit. Participants will be required to complete 1.5 hours of independent coursework.*</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Saturday March 9, 2024</p>	<p>Adult and Pediatric CPR/FA/AED-In Person</p>	<p>9:00- 2:30pm (Lunch will be provided)</p>	<p>\$70 (5/12)</p>	<p>5.0</p>	<p>A,T,SA,F,PK,P</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during</p>

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							<p>the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday March 12, 2024</p>	<p>Beginning Fire Safety- In Person</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/50)</p>	<p>1.0</p>	<p>A,T,F,SA,PK,P</p>	<p>None</p>	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Wednesday March 13, 2024</p>	<p>Promoting Physical Activity with Infants</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,F,P</p>	<p>None</p>	<p>Do you struggle with tummy time in your classroom? Do you find it challenging to support infant physical activity? This workshop is designed to identify the benefits of engaging in physical activity with infants. Participants will engage in hands-on activities and discussions designed to help infants build gross motor skills. Participants will become familiar with physical activity recommendations, strategies to improve</p>

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							<p>physical activity and how to implement physical activity in the classroom. Instructor will access knowledge gained through hands-on activities. Feedback on outcome mastery will be provided verbally throughout the session.</p> <p>(Learners should come dressed for physical activity)</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
<p>Thursday March 14, 2024</p>	<p>Behavior Intervention Strategies</p>	<p>6:30-8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>Teachers who care for children with behavioral difficulties, often find themselves reacting in ways that reinforce the behavior and make it worse. Behavioral intervention strategies are planned responses to behaviors that help teachers prepare for situations in which past responses have not been successful. This session focuses on helping participants develop new responses to challenging behaviors using six key intervention strategies.</p> <p><i>Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development</i></p>
<p>Monday March 18, 2024</p>	<p>EPR-Emergency Preparedness and Response</p>	<p>6:00-8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A</p>	<p>**Administrators Only**</p>	<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The</p>

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							<p>EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan</p> <p>**For Administrators Only**</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday March 19, 2024 & Thursday March 21, 2024</p>	<p>NCFELD Session 1-Virtual & Session 2-In Person</p> <p>*Must attend both sessions for credit*</p>	<p>6:30- 8:30pm (4 hrs- Seated & 1 hr- Homework)</p>	<p>\$25 (5/20)</p>	<p>5.0/0.5</p>	<p>A,T,F,SA,PK</p>	<p>None</p>	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*</p>

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							<i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Tuesday March 26, 2024	Beginning Fire Safety- Virtual	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,F,SA,PK,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Wednesday March 27, 2024	Intro to SACERS-U	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,SA	None	<p>This course is designed to provide an overview of the School-Age Environmental Rating Scale (SACERS). The learner will interpret SACERS key term, practice scoring on SACERS scenarios, go over the proper handwashing and table cleaning procedures and take a look at each subscale in the SACERS. Knowledge gain will be assessed through skills practice, pre and post-test, and scoring activities. Upon completion of this course participants will be able to define, illustrate and apply knowledge gained within their programs. The instructor will assess knowledge gained during demonstrations. Feedback on outcome mastery will be provided throughout the session and through the evaluation</p>

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							<p>process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Child's Growth and Development</i></p>
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