



## Training Event Catalog

One Place appreciates your interest in the trainings contained in this catalog. The table below provides information regarding trainings offered this quarter.

### 1st Quarter Course Listing July-Sept 2023/FY 2023 – 2024

July-Sept Learning Events-All training formats are online and print						Technology Requirements: Laptop/Computer/Phone/Internet	
Date(s)	Training Title	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Thursday July 6, 2023	Beginning Fire Safety-In Person	9:00-10:30am	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><b>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</b></p> <p style="text-align: center;"><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Tuesday July 11, 2023	Discipline and Guidance	6:30-8:30pm	\$10 (5/20)	2 CHC	A, T, SA, PK	None	<p>This training will provide an overview of the topic of positive discipline and guidance. Participants will discuss appropriate expectations and how to help</p>

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							<p>children learn self-control over time by providing them with many opportunities to learn from their experiences in a supportive, positive environment. The training will provide teachers with strategies for encouraging and supporting children's right to make choices.</p> <p><i>Topic Area: Safe and Healthy Learning environment/Physical &amp; Intellectual Development/Social-Emotional Development</i></p>
<p><b>Thursday July 13, 2023</b></p>	<p><b>Gross Motor Fun</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,F,SA,PK,P</b></p>	<p><b>None</b></p>	<p>This course is designed to help participants recognize the importance of movement as it relates to gross motor activities. Movement is an essential part of a child's day. Gross motor fun can take place both indoors and out. Participants will be able to develop and implement gross motor play in the classroom setting and in the outdoor learning environment. Participants will engage in small and large group activities. The instructor will assess knowledge gained throughout the session and during classroom presentation. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.</p> <p><b>**Dress in comfortable movement clothing**</b></p> <p><i>Topic Area: Physical &amp; Intellectual Development/Social-Emotional Development/Observing &amp; Record Children's Behavior/Child Growth &amp; Development/Inclusion</i></p>
<p><b>Tuesday July 18, 2023</b></p>	<p><b>Beginning Fire Safety-In Person</b></p>	<p><b>3:00- 4:30pm</b></p>	<p><b>\$10 (5/50)</b></p>	<p><b>1.5 CHC</b></p>	<p><b>A,T,F,SA,PK</b></p>	<p><b>None</b></p>	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service</p>

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							<p>features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><b>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</b></p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p><b>Thursday July 20, 2023</b></p>	<p><b>Care and Supervision</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,F,SA,PK</b></p>	<p><b>None</b></p>	<p>Young children must be carefully protected by adults because they do not have the knowledge or experience that is needed to know what might be dangerous to them. We must provide care and supervision in a nurturing, positive way. The goal of the Care and Supervision course is to provide participants with valuable tools and knowledge about nurturing care and active supervision of children. Participants will learn minimum requirements for supervision per state guidelines, as well as strategies to make active supervision part of their daily routine.</p> <p><i>Topic Area: Safe &amp; Healthy Learning Environment/Physical &amp; Intellectual Development/Social-Emotional Development/Growth and Development/Observing &amp; Recording Children's Behavior/Inclusion</i></p>
<p><b>Saturday July 22, 2023</b></p>	<p><b>Adult and Pediatric CPR/FA/AED-In Person</b></p>	<p><b>9:00- 2:30pm (30 min lunch included)</b></p>	<p><b>\$70 (5/12)</b></p>	<p><b>5 CHC</b></p>	<p><b>A,T,F,SA,PK,P</b></p>	<p><b>None</b></p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR</p>

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							<p>techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p><b>Thursday July 27, 2023</b></p>	<p><b>ITS-SIDS-In Person</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,F,PK,P</b></p>	<p><b>None</b></p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. This class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS-SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a Pre/Post Test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p><b>Tuesday August 1, 2023</b></p>	<p><b>Advanced Fire Safety-In Person</b></p>	<p><b>9:00- 10:00am</b></p>	<p><b>\$10 (5/50)</b></p>	<p><b>1 CHC</b></p>	<p><b>A,T,F,SA,PK</b></p>	<p><b>None</b></p>	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course participants will be required to create an Emergency</p>

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							Evacuation Plan for their site prior to attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.  <i>Topic Area: Safe and Healthy Learning Environment</i>
Tuesday August 8, 2023	Playground Safety	6:00- 8:30pm (2.5 hrs- in person & 1.5 hrs- homework)	\$20 (5/20)	4 CHC	A,T,F,SA,PK	None	This course is designed to promote safe play areas for children in child care. Participants will learn about potential hazards and how to make child care play areas safe for children. Participants will be required to participate in small group activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit."  *Participants will be required to complete 1.5 hours of independent coursework.*  <i>Topic Area: Safe and Healthy Learning Environment</i>
Monday August 14, 2023 & Wednesday August 16, 2023	BSAC-In Person Session 1 & 2  *Must attend both sessions for credit*	6:30- 8:30pm (1 hr-Home work 4 hrs- In Person)	\$25 (5/20)	5 CHC/ .5 CEU	A,SA,T,F	None	This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session. Instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.  <i>Topic Area: Safe &amp; Healthy Learning Environment/Physical &amp; Intellectual Development/Social-Emotional Development/ Growth and Development/Observing &amp; Recording Children's Behavior/Inclusion</i>
Tuesday	Advanced Fire	3:00-	\$10 (5/50)	1 CHC	A,T,F,SA,PK	None	The course is designed to help

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August 15, 2023	Safety-In Person	4:00pm					<p>participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course participants will be required to create an Emergency Evacuation Plan for their site prior to attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Tuesday August 15, 2023	ITS-SIDS-In Person	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,PK,F	None	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Saturday August 19 2023	Adult and Pediatric CPR/FA/AED-In Person	9:00-2:30pm	\$70 (5/12)	5 CHC	A,T,PK,SA,F	None	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR</p>

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		(30 min lunch included)					<p>techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday August 29, 2023 &amp; Thursday August 31, 2023</p>	<p>NCFELD Session 1 &amp; 2</p> <p><b>*Must attend both sessions for credit*</b></p>	<p>6:30-8:30pm</p> <p>(1 hr-Pre/Post Work 4 hrs- In Person)</p>	<p>\$25 (5/20)</p>	<p>5 CHC/ .5 CEU</p>	<p>A,T,F,SA,PK</p>	<p>None</p>	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. <b>*One hour of self-instructed homework will be assigned by the instructor*</b></p> <p><i>Topic Area: Safe &amp; Healthy Learning</i></p>

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							<i>Environment/Physical &amp; Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
<b>Tuesday September 5, 2023</b>	<b>Beginning Fire Safety-In Person</b>	<b>9:00- 10:30am</b>	<b>\$10 (5/50)</b>	<b>1.5 CHC</b>	<b>A,T,F,SA,PK,P</b>	<b>None</b>	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><b>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</b></p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<b>Wednesday September 6, 2023</b>	<b>Darkness to Light</b>	<b>6:30- 8:30pm</b>	<b>\$10 (5/20)</b>	<b>2 CHC</b>	<b>A,T,F,SA,PK,P</b>	<b>None</b>	<p>This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<b>Saturday September 9, 2023</b>	<b>Adult and Pediatric CPR/FA/AED-In Person</b>	<b>9:00- 2:30pm (30 min lunch included)</b>	<b>\$70 (5/12)</b>	<b>5 CHC</b>	<b>A,T,F,SA,PK,P</b>	<b>None</b>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three</p>

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							<p>emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday September 12, 2023</p>	<p>EPR-Emergency Preparedness and Response</p>	<p>6:00- 8:30pm</p>	<p>\$10 (5/20)</p>	<p>2.5 CHC</p>	<p>A,F</p>	<p>Administrator's Only</p>	<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan</p> <p><b>**For Administrators Only**</b></p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday September 14, 2023</p>	<p>Your Brain on Music</p>	<p>6:30- 8:30pm</p>	<p>\$10 (5/20)</p>	<p>2 CHC</p>	<p>A,T,F,SA,PK,P</p>	<p>None</p>	<p>Music provides powerful benefits to the developing neural networks. It impacts development, improves social skills and evokes movement in children. This session will focus on the benefits of music</p>

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							and movement to the brain and body. **Dress in comfortable movement clothing**  <i>Topic Area: Safe &amp; Healthy Learning Environment/Physical &amp; Intellectual Development/Social-Emotional Development/Observing &amp; Recording Children's Behavior/Growth &amp; Development/Inclusion</i>
Monday September 18, 2023	How's and Why's of Effective Activity Planning	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,F,SA,PK	None	This course will provide the learners with information about the importance of creating appropriate activity plans. It is also designed to explain the importance of implementing plans focusing on intentional teaching, individualization and the whole child within the learning environment. The learner will be able to use the information from this learning event to implement exciting, innovative activities and ideas for their classroom settings. The course will align plans with NC FELD and common curriculums.  <i>Topic Area: Safe &amp; Healthy Learning Environment/Physical &amp; Intellectual Development/Social-Emotional Development/Growth &amp; Development</i>
Tuesday September 19, 2023	Beginning Fire Safety-In Person	3:00- 4:30pm	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of

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<p><b>Wednesday September 27, 2023</b></p>	<p><b>FLIP-IT</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,SA,PK,F,P</b></p>	<p><b>None</b></p>	<p>FLIP IT® is a strategy anyone can use to address a challenging behavior. It is a simple, kind, strength-based, commonsense and effective four step process embodied in the FLIP IT® mnemonic: F - Feelings, L - Limits, I - Inquiries, and P - Prompts. FLIP IT® transforms best practice into a strategy that is portable, easy to remember, and applicable in a variety of challenging situations. FLIP IT® teaches child care professionals how to respond positively and appropriately to challenging behaviors, meet the nurturing needs of children, determine typical behaviors for the age and developmental stages of children in care, and de-escalate stressful situation in order to promote the nurturing care and treatment of children.</p> <p><i>Topic Area: Social-Emotional Development/Observing &amp; Recording Children's Behavior/Growth &amp; Development/Inclusion</i></p>
<p><b>Thursday September 28, 2023</b></p>	<p><b>ITS-SIDS-In Person</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,PK,F,P</b></p>	<p><b>None</b></p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for</p>

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							<p>infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
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