



## Training Event Catalog

One Place appreciates your interest in the trainings contained in this catalog. The table below provides information regarding trainings offered this quarter.

### 1st Quarter Course Listing July-Sept 2022/FY 2022 – 2023

July-Sept Learning Events-All training formats are online and print						Technology Requirements: Laptop/Computer/Phone/Internet	
Date(s)	Training Title	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Tuesday July 12, 2022	Beginning Fire Safety	6:30- 8:00pm	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.</p> <p><b>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</b></p> <p style="text-align: right;"><i>Topic Area: Health and Safety/Program Management</i></p>
Thursday July 14, 2022	ITS-SIDS In person	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,F,PK	None	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class</p>

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							<p>meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Health and Safety/Physical &amp; Intellectual Development/</i></p>
<p>Tuesday July 19, 2022 &amp; Thursday July 21, 2022</p>	<p><b>BSAC Session 1 &amp; 2</b>  <b>*Must attend both sessions for credit*</b></p>	<p><b>6:30-8:30pm</b> <b>(1 hr Homework, 4 hrs In Person)</b></p>	<p><b>\$25 (5/20)</b></p>	<p><b>5 CHC/.5 CEUs</b></p>	<p><b>A,T,SA,F</b></p>	<p><b>None</b></p>	<p>This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session. Instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.</p> <p><i>Topic Area: Physical, Intellectual, Social Growth and Development</i></p>
<p>Tuesday July 26, 2022 &amp; Thursday July 28, 2022</p>	<p><b>NCFELD Session 1 &amp; 2</b>  <b>*Must attend both sessions for credit*</b></p>	<p><b>6:30-8:30pm</b>  <b>(1 hr-Pre/Post Work 4 hrs- In Person)</b></p>	<p><b>\$25 (5/20)</b></p>	<p><b>5 CHC/.5 CEUs</b></p>	<p><b>A,T,SA,PK,F,P</b></p>	<p><b>None</b></p>	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in</p>

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							<p>five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. <b>*One hour of self-instructed homework will be assigned by the instructor*</b></p> <p><i>Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion</i></p>
<p>Wednesday July 27, 2022</p>	<p>Interactions Matter</p>	<p>6:30- 8:30pm</p>	<p>\$10 (5/20)</p>	<p>2 CHC</p>	<p>A,T,F,PK</p>	<p>None</p>	<p>Positive child-staff interactions matter! Participants will learn how to teach with respect, offer encouragement, develop problem solving skills and use questioning to dig deeper. They will participate in activities to strengthen their knowledge and watch video examples of interaction strategies in action.</p> <p><i>Topic Areas: Physical and Intellectual Development, Social and Emotional Development, Observing and Recording Behavior, Child Growth and Development</i></p>
<p>Thursday August 11, 2022</p>	<p>ITS-SIDS In Person</p>	<p>6:30- 8:30pm</p>	<p>\$10 (5/20)</p>	<p>2 CHC</p>	<p>A,T,PK,F</p>	<p>None</p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care</p>

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							<p>programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Health and Safety/Physical &amp; Intellectual Development/</i></p>
<p><b>Saturday August 13 2022</b></p>	<p><b>CPR/First Aid In Person</b></p>	<p><b>9:00- 2:30pm (30 min lunch included)</b></p>	<p><b>\$70 (5/10)</b></p>	<p><b>5 CHC</b></p>	<p><b>A,T,PK,SA,F</b></p>	<p><b>None</b></p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Health and Safety</i></p>
<p><b>Tuesday August 16, 2022</b></p>	<p><b>Advanced Fire Safety</b></p>	<p><b>6:30- 7:30pm</b></p>	<p><b>\$10 (5/50)</b></p>	<p><b>1 CHC</b></p>	<p><b>A,T,F,SA,PK,P</b></p>	<p><b>Beginning Fire Safety</b></p>	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course participants will be required to create an Emergency Evacuation Plan for their site prior to attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p><i>Topic Area: Health and Safety/Program</i></p>

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Thursday August 18, 2022	ITERS-R in Action	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,F,P	None	<p>This course is designed to help participants receive an overview of the Infant Toddler Environmental Rating Scale ITERS R assessment tool. Upon completion of this course participants will be able assess items in the ITERS – R book and help to identify quality in their classroom using age appropriate techniques. The instructor will assess knowledge gained during individual classroom presentations. Feedback on outcome mastery will be provided throughout the training session and during the evaluation process.</p> <p><i>Topic Area: Health and Safety/Physical &amp; Intellectual Development/Social &amp; Emotional Development/Relationships with Families/Program Management/Growth &amp; Development</i></p>
Tuesday August 23, 2022 & Thursday August 25, 2022	NCFELD Session 1 & 2 <b>*Must attend both sessions for credit*</b>	6:30- 8:30pm  (1 hr- Pre/Post Work 4 hrs- In Person)	\$25 (5/20)	5 CHC/.5 CEUs	A,T,F,SA,PK,P	None	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group</p>

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							discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. <b>*One hour of self-instructed homework will be assigned by the instructor*</b>  <i>Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion</i>
Monday August 29, 2022	Discipline and Guidance	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,SA,NCPK,F,P,I	None	This training will provide an overview of the topic of positive discipline and guidance. Participants will discuss appropriate expectations and how to help children learn self-control over time by providing them with many opportunities to learn from their experiences in a supportive, positive environment. The training will provide teachers with strategies for encouraging and supporting children's right to make choices.  <i>Topic Area: Health &amp; Safety, Physical, Intellectual, Social Growth and Development</i>
Wednesday August 31, 2022	Darkness to Light	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook.  <i>Topic Areas: Health &amp; Safety</i>
Thursday September 1, 2022	Playground Safety	6:00- 8:30pm <b>(2.5 hrs- in person &amp; 1.5 hrs-</b>	\$20 (5/20)	4 CHC	A,T,F,SA,PK	None	This course is designed to promote safe play areas for children in child care. Participants will learn about potential hazards and how to make child care play areas safe for children. Participants will be required to participate in small group

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		homework)					<p>activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit."</p> <p><b>*Participants will be required to complete 1.5 hours of independent coursework.*</b></p> <p><i>Topic Area: Health and Safety/Program Management</i></p>
Tuesday September 6, 2022	ITS-SIDS In Person	6:30- 8:30pm	\$10 (5/20)	2 CHC	A,T,F,PK	None	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.</p> <p><i>Topic Area: Health and Safety/Physical &amp; Intellectual Development/</i></p>
Tuesday September 13, 2022	Beginning Fire Safety	6:30- 8:00pm	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor</p>

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							<p>will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors.  <b>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</b></p> <p><i>Topic Area: Health and Safety/Program Management</i></p>
<p><b>Wednesday September 14, 2022</b></p>	<p><b>ERS Orientation</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,SA,PK,F</b></p>	<p><b>None</b></p>	<p>This course is designed to give participants an overview of the ITERS, ECERS and SACERS Environment Rating Scales and how they are used in the NC Start Rated License Assessment process. After completing this course participants will understand how using the scale will increase the quality of care provided to the children in their classroom. Participants will share and evaluate their current knowledge and classroom practices. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.</p> <p><i>Topic Area: Health and Safety/Physical and Intellectual/Social-Emotional/Relationships with families/Program Management/Child Growth</i></p>
<p><b>Thursday September 15, 2022</b></p>	<p><b>Why Questions Matter</b></p>	<p><b>6:30- 8:30pm</b></p>	<p><b>\$10 (5/20)</b></p>	<p><b>2 CHC</b></p>	<p><b>A,T,SA,F</b></p>	<p><b>None</b></p>	<p>Do you have a desire to enhance the fun, connection, and interactions in your classroom? Do you have a willingness to grow as a professional and make a difference in the lives of others? If you'd like to deepen classroom conversations, and improve the connections with your students come ready to learn "why questions matter."</p>

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							<p>After attending this learning event, participants will be able to describe the importance of meaningful questions, modify closed-ended questions to open-ended questions, and demonstrate questioning strategies for use in their school-age settings.</p> <p><i>Topic Area: Physical, Intellectual, Social-Emotional</i></p>
<p>Monday September 19, 2022 &amp; Wednesday September 21, 2022</p>	<p>CPR/FA In Person Session 1 &amp; 2</p>	<p>6:30- 9:00pm</p>	<p>\$70 (5/10)</p>	<p>5 CHC</p>	<p>A,T,F,SA,PK,P</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written test with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Health and Safety</i></p>
<p>Tuesday September 20, 2022 &amp; Thursday September 22, 2022</p>	<p>NCFELD Session 1 &amp; 2</p> <p><b>*Must attend both sessions for credit*</b></p>	<p>6:30- 8:30pm</p> <p>(1 hr- Pre/Post Work 4 hrs- In Person)</p>	<p>\$25 (5/20)</p>	<p>5 CHC/.5 CEUs</p>	<p>A,T,F,SA,PK,P</p>	<p>None</p>	<p>This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in</p>

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<p>Tuesday September 27, 2022</p>	<p>EPR-Emergency Preparedness and Response</p>	<p>6:00- 8:30pm</p>	<p>\$10 (5/20)</p>	<p>2.5 CHC</p>	<p>A,F</p>	<p><b>Administrators Only</b></p>	<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan</p> <p><b>**For Administrators Only**</b></p> <p><i>Topic Area: Health and Safety/Program Management</i></p>