

## **Training Event Catalog**

One Place appreciates your interest in the trainings contained in this catalog. The table below provides information regarding trainings offered this quarter.

## 3rd Quarter Course Listing Jan-Mar 2022/FY 2021 – 2022

	July-Sept Learning Ever	nts-All training f		Technology Requirements: Laptop/Computer/Phone/Internet			
Date(s)	Training Title	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Tuesday January 4, 2022 & Thursday January 6, 2022	NCFELD Session 1 & 2  *Must attend both sessions for credit*	6:30-8:30pm (1 hr- Pre/Post Work 4 hrs- In Person)	\$25 (5/20)	5 CHC	A,T,F,SA,PK,P	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide

							feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*  Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion
Wednesday January 5, 2022	I'm Bery Bery Cwoss	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	Early childhood experts agree that while it is normal and acceptable for children to be angry, it is important that children learn how to express their anger in appropriate ways. Through this course you will be able to describe at least two developmental issues or underlying causes that ignite negative behaviors in young children. You will also be able to describe at least two strategies or outlets that can help children cope with their anger.  Topic Areas: Social-Emotional Development/Observing and Recording Behavior/Growth & Development
Monday January 10, 2022	Beginning Fire Safety	6:30-8:00pm	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held

							by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**  Topic Area: Health and Safety/Program Management
Tuesday January 11, 2022	Leading from Within: Fostering Leadership in SA Professionals	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,PK	None	The goal of this learning event is to assist after school providers with gaining leadership skills through fun, interactive activities that will help participants become informed, create a plan and prepare to lead! Participants will be introduced to knowledge and strategies to increase leadership skills in themselves and the children they serve  Topic Area: Health and Safety/Physical & Intellectual Development/
Wednesday January 12, 2022	Eliminating Transitions=Elimination Chaos	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,PK,F	None	This course is designed to help learners recognize and understand how eliminating unwarranted transitions can have a positive impact on children's behavior and their learning experience.  Through this course, participants will engage in various activities and group discussions that models and explains the process of transitions and how to implement meaningful transition activities. Participants will receive the tools to create a more productive classroom schedule and strategies to eliminate classroom chaos.  Topic Areas: Healthy & Safety/Physical & Intellectual Development/Social & Emotional Development/Observing & Recording

							Behavior/Growth & Development/Inclusion
Thursday January 13, 2022	21 <sup>st</sup> Century Skills Preparing Children for Future Success	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F	None	21st Century Skills is a term we hear often as early educators but find ourselves wondering how to teach them to our youngest learners. This training will define and explore three skill areas associated with 21st Century Skills and provide participants with classroom strategies to facilitate 21st Century Skill development through developmentally appropriate activities.  Topic Areas: Physical & Intellectual Development/Social & Emotional Development/Growth & Development
Tuesday January 18, 2022 & Thursday January 20, 2022	BSAC Session 1 & 2  *Must attend both sessions for credit*	6:30-8:30pm (1 hr Homework, 4 hrs In Person)	\$25 (5/20)	5 CHC	A,T,SA,F	None	This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session.  Instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.  Topic Area: Physical, Intellectual, Social Growth
Wednesday January 19, 2022	Environment Rating Scales Orientation	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F	None	and Development  This course is designed to give participants an overview of the ITERS, ECERS and SACERS Environment Rating Scales and how they are used in the NC Start Rated License Assessment process. After completing this course participants will understand how using the

							scale will increase the quality of care provided to the children in their classroom. Participants will share and evaluate their current knowledge and classroom practices. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.  Topic Areas: Health & Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development
Tuesday January 25, 2022	Family EPR	6:30-8:30pm	\$10 (5/20)	2 CHC	F,P	None	The course is designed for parents and guardians to help build their capacity to support children's needs before, during and after a crisis or disaster. Participants will gain knowledge and skills to equip them to improve their household emergency preparedness, including what to include in their emergency household plan and steps to take to strengthen their readiness for emergencies. Participants will have the opportunity to complete a Family Disaster Plan. THIS COURSE DOES NOT SATISY THE EPR REQUIREMENT FOR CHILD CARE PROGRAMS. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.

Wednesday January 26, 2022	How's and Why's of Effective Activity Planning	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK	NCFELD	This course will provide the learners with information about the importance of creating appropriate activity plans. It is also designed to explain the importance of implementing plans focusing on intentional teaching, individualization and the whole child within the learning environment. The learner will be able to use the information from this learning event to implement exciting, innovative activities and ideas for their classroom settings. The course will align plans with NC FELD and common curriculums.  **Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Growth & Development
Monday January 31, 2022	ECERS-R in Action!	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,PK	None	This course is designed to help participants receive an overview of the Early Childhood Environmental Rating Scale-Revised Edition. After completing this course participants will understand the format of the rating scale, how to score items, and how using the scale will increase the quality of care provided to the children in their classroom.  Additionally, participants will be ready to put ECERS-R into Action! Participants will complete a pre/post-test to assess prior knowledge and knowledge gained as a result of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.

							Topic Areas: Health & Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development
Thursday February 3, 2022	ITS-SIDS	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,PK	None	This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.  Topic Area: Health and Safety/Physical & Intellectual Development/
Monday February 7, 2022	Gross Motor Fun: Movement for Inside and Out!	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	This course is designed to help participants recognize the importance of movement as it relates to gross motor activities. Movement is an essential part of a child's day. Gross motor fun can take place both indoors and out.  Participants will be able to develop and implement gross motor play in the classroom setting and in the outdoor learning environment. Participants will engage in small and large group activities. The instructor will assess knowledge gained throughout the session

							and during classroom presentation. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.  **Dress in comfortable movement clothing**  Topic Areas: Physical & Intellectual
							Development/Social-Emotional Development/Observing & Recording Behavior/Growth & Development/Inclusion
Wednesday February 9, 2022	Playground Safety	6:00-8:30pm	\$20 (5/20)	4 CHC	A,T,F,SA,PK	None	This course is designed to promote safe play areas for children in child care. Participants will learn about potential hazards and how to make child care play areas safe for children. Participants will be required to participate in small group activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit."  *Participants will be required to complete 1.5 hours of independent coursework.*  Topic Area: Health and Safety/Program Management
Thursday February 10, 2022	Infants and Toddlers Developing Social Emotional Skills	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,P,F	None	Children begin developing social emotional skills from infancy. Understanding how to support development during this critical period is vital to infants and toddler's overall well- being and future success in school and life. This professional development event explores the developing skills of infants

							and toddlers. Participant's skills that contributes to school readiness, and gain richer insight into strategies that support social emotional development for infants and toddlers.  Topic Area: Health and Safety Environment/ Social Emotional Development/Growth and Development
Monday February 14, 2022	Advanced Fire Safety	6:30-7:30pm	\$10 (5/50)	1 CHC	A,T,SA,PK,F,P	None	The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC  Fire Code. To complete this course participants will be required to create an Emergency Evacuation Plan for their site prior to attending the training session.  Each site plan will be reviewed by the Assistant Fire Marshall.  Topic Area: Health and Safety/Program Management
Tuesday February 15, 2022	Developmentally Appropriate Behavior	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,SA,PK,P	None	Children use many different kinds of behavior as they grow and test their skills. Some of these behaviors, although appropriate for their developmental age, are still very challenging for teachers. This session focuses on understanding when children can be expected to acquire certain social-emotional skills and guides participants toward understanding, respecting and responding to

							developmentally appropriate behaviors.
							Topic Areas: Social & Emotional Development/Growth & Development
Wednesday February 16, 2022	Meeting the Needs of Boys in EC	6:30-8:30pm	\$10 (5/20)	2 CHC	А,Т,РК,F	None	Are you struggling to meet the needs of boys in your classroom? For many boys, the classroom is not always a positive experience. Many educators struggle to meet their diverse needs. Through this course, participants will learn some of the challenges boys face in early childhood. Participants will learn positive solutions to better support boys in the classroom.  Topic Areas: Health & Safety/Social & Emotional Development/Growth & Development
Thursday February 17, 2022	ITERS-R in Action!	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,P,I	None	This course is designed to help participants receive an overview of the Infant Toddler Environmental Rating Scale ITERS R assessment tool. Upon completion of this course participants will be able assess items in the ITERS – R book and help to identify quality in their classroom using age appropriate techniques. The instructor will assess knowledge gained during individual classroom presentations. Feedback on outcome mastery will be provided throughout the training session and during the evaluation process.  Topic Area: Health and Safety/Physical & Intellectual Development/Social & Emotional Development/Relationships with Families/Program Management/Growth & Development

Monday February 21, 2022 & Wednesday February 23, 2022	NCFELD Session 1 & 2  *Must attend both sessions for credit*	6:30-8:30pm (1 hr- Pre/Post Work 4 hrs- In Person)	\$25 (5/20)	5 CHC	A,T,SA,PK,F,P	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*  Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion
Tuesday February 22, 2022	Darkness to Light	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated.

							Participants will observe video and record findings in a workbook.  Topic Areas: Health & Safety
Thursday February 24, 2022	Coaching Eco Champions	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	This workshop is designed to assist child care providers in teaching children to become caretakers of the earth.  Participants will learn how to reduce, reuse and recycle; identify earth-friendly products for their classroom and develop basic skills on gardening with children.  Participants will engage in group discussions and hands-on activities.  Participants will be given a pre/post-test to access knowledge. The instructor will offer verbal feedback throughout the training event.  Topic Areas: Health & Safety/Physical & Intellectual Development/Social & Emotional Development/Growth & Development
Wednesday March 2, 2022	ITS-SIDS	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,PK	None	This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of child care providers. After completing this course participants will understand the meaning of "Sudden Infant Death Syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in child care programs. Participants will be given a pre/post- test to assess prior knowledge and knowledge gained as a result of this event.

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							Topic Area: Health and Safety/Physical & Intellectual Development
Tuesday March 8, 2022	Brain Development: Seeing and Supporting Children's Active Minds and Bodies	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	Did you know that movement is fundamental to life? Did you know that stopping children from moving may actually harm them? There is an important connection between children's bodies and their brains. Learners will understand the connection and appreciate the need to incorporate large muscle experiences into the classroom. Learners will also be able to identify children's movement needs and discuss how to incorporate large muscle experiences into classroom spaces.  Topic Areas: Safe and Healthy Environment/Physical and Intellectual Development/Growth and Development
Thursday March 10, 2022	EPR-Emergency Preparedness and Response	6:00-8:30pm	\$10 (5/20)	2.5 CHC	A,F	Administrators Only	The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care

							homes complete the training and submit a facility EPR Plan **For Administrators Only**  Topic Area: Health and Safety/Program Management
Monday March 14, 2022	Beginning Fire Safety	6:30-8:00pm	\$10 (5/50)	1.5 CHC	A,T,F,SA,PK,P	None	This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**  **Topic Area: Health and Safety/Program Management**
Tuesday March 15, 2022	Bright Beginnings for Infants and Toddlers	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T	None	This course is designed to help participants receive information and research about how important early interactions are for children's brain development. Early brain development impacts how the children will learn later in life. After completing this course participants will understand brain research and increase the quality of care provided to the children in their

							classroom. Participants will complete a learning assessment/post-test to assess knowledge gained as a result of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.  Topic Area: Growth and Development
Wednesday March 16, 2022	Making Families Welcome	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,SA,PK,F,P	None	This course is designed to introduce teachers to the important idea of making families feel welcome. After completing this course participants will discover the important roles parents and/or family member play in their child's education. Participants will also identify a variety of ways to include family members in the classroom even when they are not physically present.  Topic Areas: Relationships with Families
Thursday March 17, 2022	Literacy as a Protective Factor	6:30-8:30pm	\$10 (5/20)	2 CHC	F	None	This course will provide the learner with a definition and overview of the 5 Protective Factors while making connections between protective factors and literacy. The course will share strategies to develop and strengthen family literacy practices as well as ways to help connect families with literacy resources in the community. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.  Topic Areas: intellectual, social growth and

							development/Management
Monday March 21, 2022 & Wednesday March 23, 2022	NCFELD Session 1 & 2  *Must attend both sessions for credit*	6:30-8:30pm (1 hr- Pre/Post Work 4 hrs- In Person)	\$25 (5/20)	5 CHC	A,T,F,SA,PK,P	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor*  Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion
Tuesday March 22, 2022	Toxic Stress and Its Impact on Children	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,F,SA,PK,P	None	Stress is a fact of life, no matter your age.  Some stress is good for us – it keeps us attentive, sharp, productive, and learning.  But Toxic Stress affects brain development and learning in young

							children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between "tolerable" and "toxic" stress. We'll look at the long term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children.  Topics: Health & Safety/Physical & Intellectual Development/Social & Emotional
Thursday March 24, 2022	Interactions Matter	6:30-8:30pm	\$10 (5/20)	2 CHC	A,T,PK,F	None	Positive child-staff interactions matter! Participants will learn how to teach with respect, offer encouragement, develop problem solving skills and use questioning to dig deeper. They will participate in activities to strengthen their knowledge and watch video examples of interaction strategies in action.  Topic Areas: Physical-Intellectual Development/Social-Emotional Development/Observing & Recording Behavior/Growth & Development
Tuesday March 29, 2022	ABC's of Challenging Behaviors	6:30-8:30pm	\$10 (5/20)	2 CHC	А,Т,РК,Ғ	None	The training is designed to help participants understand that behavior occurs as a method for children to communicate a specific need. Completing the training participants will understand how to analyze and apply appropriate strategies to address specific behavioral needs. Participants will practice recording incidents of behavior using the ABC model, hypothesizing the function of the behavior, and choosing appropriate strategies to address behaviors. The instructor will assess knowledge gained through small/large group discussions

							and activities. Feedback on outcome mastery will be provided throughout the session and during the evaluation.  Topic Area: Health & Safety/Social & Emotional Development/Observing & Recording Children's Behaviors  This course is designed to provide an
Wednesday March 30, 2022	Intro to SACERS-U	6:30-8:30pm	\$10 (5/20)	2 CHC	A,SA,F	None	overview of the School-Age Environmental Rating Scale (SACERS). The learner will interpret SACERS key term, practice scoring on SACERS scenarios, go over the proper handwashing and table cleaning procedures and take a look at each subscale in the SACERS. Knowledge gain will be assessed through skills practice, pre and post-test, and scoring activities. Upon completion of this course participants will be able to define, illustrate and apply knowledge gained within their programs. The instructor will assess knowledge gained during demonstrations. Feedback on outcome mastery will be provided throughout the session and through the evaluation process.  Health & Safety/Physical & Intellectual Development/Social & Emotional/Relationships with Families



## **REMINDERS FOR ALL TRAININGS**

- ★ Participants please log in, at least 15 minutes prior to each session for participant sign-in via chat box.
- ★ ALL TRAININGS WILL CLOSE 2 DAYS PRIOR TO THE TRAINING DATE OR WHEN THE NUMBER OF PARTICIPANTS REACHES THE MAXIMUM CAPACITY.
- \* Registration payments are <u>non-transferrable</u>, <u>non-refundable</u>, and non-attendance for training is not credited. **NO SHOW = NO REFUND and NO CREDIT.**
- ★ Training participant may substitute a training session for another session within the same training calendar, depending on space and required documentation being submitted. Requests must be received at least 2 days prior to training session.
- ★ If the training is cancelled due to inclement weather or low enrollment, participants will be notified and offered a substitute training session.
- ★ Please check training descriptions for content and times, as they may vary.

REGISTRATION FORM										
	ny of your information changed i		First Name:			Last Name:		Maide	n Name:	
		il Employment No Changes								
Emerg	gency Contact First and Last Nar	ne:		Emerge	ency Contact Phone	Number:				
Last 5	Digits of Social Security #:	Date of Birth:	Daytime Phone #:			Secondary Phon	ie #:			
Child	Care Center/Family Child Care H	ome Name:	•			Email Address:				
Mailin	g Address:									
	nt Position: ector/Admin.	t.				roup You Work W int ⊡Toddler	ith: ☐Prescho	ol School A	ge	
		Did you or your facility use QEI fund	s to pay f	or any o	f the trainings listed	below? Yes	No No			
			TRAIN	IING R	EQUESTS					
#		Training Title	Date(s) of Traini			ng Training	Location	# of CHC/CEU	Js Training Fee	
1.									\$	
2.									\$	
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	Number of Trainings:		Total A	mount [	Due: \$					
Plea	se note any special ac	commodation needs:								
		FF PAYMENTS TO:	PHONE NUMBER & CONTACT PERSONS							
One P 900 D	lace ennis Road, Jacksonville, NC 28:	546	Phone Number: (910)938-1138  **If you have any questions or concerns, please contact: Shannon Niro, School Readiness Program Assistant at shannon.niro@onslowkids.org							
	*** Register online at <u>www.oneplaceonslow.org</u> ***									