



## **4th Quarter Training Event Catalog May 2021/FY 2020 – 2021**

**One Place appreciates your interest in the trainings contained in this catalog. Training registration practices and procedures are listed below for your convenience.**

### **What's New in the Early Care and Education Community?**

- **One Place trainings are now virtual, participants can log in up to 15 minutes prior to sessions, 100% attendance is required for the duration of training to receive credit.**
- **Friendly Reminder: There is a \$5.00 administrative fee for any training transcripts and/or replacement training certificate(s) requests received by our office. If you would like to request copies of your training records or need a replacement certificate for a training you successfully completed, please complete a Training Records Release Form, and contact Shannon Niro, School Readiness Program Assistant at (910) 938-1138 for more information.**
- **Frequently Asked Questions: Training Requirements and Frequency**
  - **ITS-SIDS - This training is required within 2 months of hire and should be updated every 3 years.**
  - **CPR & First Aid – CPR and First Aid training expires and must be updated every 2 years.**
  - **Fire Safety - This training is required annually to meet the requirements of your annual fire inspection.**
  - **Basic School Age Care (BSAC) - This training is required for all school age program group leaders.**
  - **Playground Safety - This training is required for at least one director or administrator who is responsible for completing monthly playground inspections. Other office staff may attend this training if needed.**

**\*\*Please verify with your administrator/director, if trainings are required by your facility in addition to the state required trainings listed above. For additional**

information regarding North Carolina Division of Child Development and Early Education training requirements and/or the number of professional development hours required per individual, please contact DCDEE at 1-800-859-0829 or visit the website at [http://ncchildcare.nc.gov/providers/pv\\_sn2\\_ti.asp](http://ncchildcare.nc.gov/providers/pv_sn2_ti.asp)

### **Registration Practices and Procedures**

**1. Pre-registration and payment is required for all trainings. Payment must be received in order to reserve space. Monies will not be accepted the day of the training. *Enrollment is limited.* You can register for a training by choosing one of the following methods:**

**Online:**

**a. You may also visit our website at [www.oneplaceonslow.org](http://www.oneplaceonslow.org). Visit this site to register and pay for a training session.**

**Online methods of payment accepted are Visa or MasterCard.**

**Via U.S. Mail: (Currently accepting online payments only)**

**b. You may also mail registrations and payment to:**

**One Place**

**Attn: Shannon Niro, School Readiness Program Assistant**

**900 Dennis Road**

**Jacksonville, NC 28546**

**Methods of payment accepted are personal check, cashier's check or money order.**

**2. Please log in at least 15 minutes prior to each virtual session for participant sign- in, by typing full name in the chat box for attendance.**

**3. Registration payments are non-transferrable and non-refundable; non-attendance for training is not credited.**

**4. Training participants may substitute a training session for another session within the same training calendar year, depending on space and required documentation being submitted. Requests must be received at least 2 days prior to the training session. Monies received will not be transferred to another learner for any reason due to fiscal constraints.**

**5. All trainings will close 2 business days prior to the training date OR when the number of participants reaches the maximum capacity.**

**6. Training events are for registered learners only. Children and/or other non-registered visitors are not permitted to attend in-person or virtual training sessions.**

**7. A minimum of 5 participants must be registered before the training will be conducted. If this number is not reached, we reserve the right to cancel the training session. Learners will be notified by email of any cancellations, and a training credit will be issued.**

8. **Training participants may request a copy of their training transcript by submitting the appropriate completed documentation, the Training Records Release Form, and payment of fees. Please contact Shannon Niro, School Readiness Program Assistant at (910) 938-1138 for more information.**
9. **Unprofessional, disruptive or rude behavior will not be tolerated. You will be asked to leave and no credit will be issued.**
10. **Please check training descriptions for content and times as they may vary. \*All pre-requisites or technology requirements, if any, will be listed in the description of the learning event.**

**Please note date and time for each session prior to registration. Trainings listed will be held virtually until further notice.**





### Training Event Catalog

**One Place appreciates your interest in the trainings contained in this catalog. The table below provides information regarding trainings offered this quarter.**

#### 4th Quarter Course Listing May 2021/FY 2020 – 2021

<b>April Learning Events</b>					
<b>Date(s)</b>	<b>Training Title</b>	<b>Time of Training</b>	<b>Fee Per Person</b>	<b>Location</b>	<b>Contact Hrs/CEUs</b>
<b>Tuesday May 4</b>	<b>Beginner's Fire Safety</b>	<b>7:00pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>1.5 CHC</b>
<b>Wednesday May 5</b>	<b>Classroom Management:</b>	<b>6:30pm – 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Thursday May 6</b>	<b>Healthy Meals Step by Step</b>	<b>6:30pm – 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Tuesday May 11</b>	<b>Reflecting on School Age Care</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Wednesday May 12</b>	<b>Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure!</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>

<b>Thursday May 13</b>	<b>What Every Baby Needs</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Monday May 17</b>	<b>Creating Responsive Communities</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Tuesday May 18</b>	<b>FLIP- IT!</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Wednesday May 19</b>	<b>Emergency Preparedness and Response</b>	<b>6:00pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Thursday May 20</b>	<b>Bright Beginnings for Infants and Toddlers</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Monday May 24</b>	<b>NCFELD Session 1</b>	<b>6:30pm- 8:30pm</b>	<b>\$25.00</b>	<b>Virtual One Place Jacksonville</b>	<b>5.0 CHC</b>
<b>Wednesday May 26</b>	<b>NCFELD Session 2</b>	<b>6:30pm- 8:30pm</b>			
<b>Tuesday May 25</b>	<b>Your Brain on Music</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>
<b>Thursday May 27</b>	<b>Introduction Creative Curriculum</b>	<b>6:30pm - 8:30pm</b>	<b>\$10.00</b>	<b>Virtual One Place Jacksonville</b>	<b>2.0 CHC</b>

**4th Quarter Course Descriptions  
May 2021/FY 2020 – 2021**

**The table below provides information regarding trainings offered this quarter**

**Health and Physical Wellness Topics**

**Format: Online/ Print**

**Healthy Meal Step-by Step  
Thursday May 6, 2021**

**(Min: 5/Max: 20)**

Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access

This course is designed to help participants learn why good nutrition and healthy meals are important to young children. Participants will discuss best practice guidelines in meal planning and identify the steps to healthy menu planning. Participants will engage in discussion and group activities. Participants will be given a pre/post survey to assess knowledge gained. Instructor will provide feedback on outcome mastery throughout the session and during group presentations to assess knowledge gained.

**\*D, T,F,PK,SA**

*Topic Area: Health and Safety*

**2.0 CHC**

**Format: Online/ Print**

**Your Brain on Music  
Tuesday May 25, 2021**

**(Min: 5/Max: 20)**

Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access

Music provides powerful benefits to the developing neural networks. It impacts development, improves social skills and evokes movement in children. This session will focus on the benefits of music and movement to the brain and body.

**\*\*Dress in comfortable movement clothing\*\***

**\*D,T,F,PK**

*Topic Area: Physical, Intellectual, Social Growth and Development*

**2.0 CHC**

**FIRE SAFETY**

**Format: Online/Print**

**Beginner's Fire Safety  
Tuesday May 4, 2021**

**(Min: 10/Max: 50)**

Pre/Co-requisites: None Technology Needs: Laptop/Computer/Phone w/Internet Access

This course is designed to help participants meet the annual fire inspection requirement of every child care program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question and answer session. This training will be held by NC Fire Inspectors. **\*\*Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced\*\***

**\*T,F ,SA,D,PK**

*Topic Area: Health and Safety/Program Management*

**1.5 CHC**

**Childcare Center Topics**

**Format: Online/Print**

**Classroom Management  
Wednesday May 5, 2021**

**(Min: 5/Max: 20)**

Pre/Co-requisites: None Technology Needs: Laptop/Computer/Phone w/Internet Access

This training will introduce teachers to the effects of trauma in the classroom and connect in to strategies for each component of effective classroom management. Teachers will collaborate with one another to develop additional strategies for each component and then complete a Classroom Management Plan. The Classroom Management Plan will also include a Teacher Schedule outlining the roles and responsibilities of each teacher in the classroom as well as a Classroom Safety Plan which will outline the roles and responsibilities of each staff member during times of challenging or dangerous behaviors.

**\*D, T, F, SA**

*Topic Area: Social Growth and Development, Program Management*

**2.0 CHC**

<b>Format: Online/ Print</b>	<b><u>EPR-Emergency Preparedness and Response in Child Care</u></b>	<b>(Min: 5/Max: 20)</b>
	<b>Wednesday May 19, 2021</b>	
	Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access	
<p>The Emergency Preparedness and Response (EPR) in Child Care Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Child Care Training addresses NC Child Care Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Child Care Rules require that a designated individual from all licensed centers and family child care homes complete the training and submit a facility EPR Plan.</p>		
<b>*T,F,D,P</b>	<i>Topic Area: Health and Safety</i>	<b>2.5 CHC</b>

<b>Format: Online/Print</b>	<b><u>FLIP IT!</u></b>	<b>(Min: 5/Max: 20)</b>
	<b>Tuesday May 18, 2021</b>	
	Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access	
<p>"FLIP-It! An Intervention Strategy for Addressing Challenging Behavior. FLIP-IT is a strategy anyone can use to address a challenging behavior. It is simple, kind, strength-based, commonsense, effective four step process embodied in the FLIP It mnemonic: F- Feelings, L-Limits, I-Inquires, and P-Prompts. Flip It transforms best practice into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT may not be rocket science, but it is brain development, and an effective"</p>		
<b>*D,T, SA,F ,PK</b>	<i>Topic Area: Intellectual, Social Growth and Development, Program Management</i>	<b>2.0 CHC</b>

<b>Format: Online/Print</b>	<b><u>Intro to Creative Curriculum</u></b>	<b>(Min: 5/Max: 20)</b>
	<b>Thursday, May 27, 2021</b>	
	Pre/Co-requisites: None Technology Needs: Laptop/Computer/Phone w/Internet Access	
<p>This course is designed to introduce participants to the elements of the Creative Curriculum to assist educators with development and implementation of appropriate practices for children within the classroom setting. After completing this course, participants will understand how theory and research provide the foundations for understanding how typical children grow and develop. Participants will engage in hands-on small group exercises and participate in group discussion. Instructor will provide feedback throughout the session and during the evaluation process to assess knowledge gained. Feedback will be provided throughout the session on outcome mastery.</p>		
<b>*T,SA,F,PK</b>	<i>Topic Area: Intellectual, Social Growth and Development</i>	<b>2.0 CHC</b>

<b>Quality Topics</b>
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<b>Format: Online/ Print</b>	<b><u>What Every Baby Needs</u></b>	<b>(Min: 5/Max: 20)</b>
	<b>Thursday May 13, 2021</b>	
	Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access	
<p>Infancy is an amazing time for babies. It might appear that all they do is cry, eat, sleep, and require frequent diaper changes. But there is so much more happening. Babies learn they will be fed when they are hungry and comforted when they are tired. They make discoveries about how the world works through their play experiences with simple toys. Understanding what every baby needs during the early years will help set the stage for lifelong learning and development.</p>		
<b>*D,T,F,P</b>	<i>Topic Area: Physical, Intellectual, Social Growth and Development</i>	<b>2.0 CHC</b>



**Format: Online/ Print**

**Bright Beginnings for Infants and Toddlers**

**(Min: 5/Max: 20)**

**Thursday May 20, 2021**

Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access

This course is designed to help participants receive information and research about how important early interactions are for **children's** brain development. Early brain development impacts how the children will learn later in life. After completing this course participants will understand brain research and increase the quality of care provided to the children in their classroom. Participants will complete a learning assessment/post-test to assess knowledge gained as a result of this session. Session will include presentation, group discussion and small group activities. Instructor will provide feedback on outcome mastery throughout the session and during presentations to assess knowledge gained.

**\*D,T,F,P**

*Topic Area: Physical, Intellectual, Social Growth and Development*

**2.0 CHC**

**Format: Online/Print**

**NC FELD**

**(Min: 5/Max: 20)**

**Monday May 24, 2021**

**Wednesday May 26, 2021**

**Must attend both sessions for credit**

Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access

This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. **\*One hour of self-instructed homework will be assigned by the instructor\***

**\*D, T,F,PK,P**

*Topic Area: Physical, Intellectual, Social Growth and Development, Inclusion*

**5.0 CHC/.5 CEUs**

\*\* PARTICIPANTS ARE REQUIRED TO ATTEND BOTH SESSIONS TO COMPLETE TRAINING SERIES\*

**Format: Online/Print**

**Creating Responsive Communities**

**(Min: 5/Max: 20)**

**Monday May 17, 2021**

Pre/Co-requisites: None Technology Needs: Laptop/Computer/Phone w/Internet Access

This course will provide the learner with a definition of a responsive community while increasing knowledge around the 5 Protective Factors. The learner will explore reasons why responsive communities are important as it relates to healthy child development being a foundation for strong communities. The course will share strategies to develop or strengthen self-care strategies for early educators as well as ways to help connect families with resources in the community. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.

**\*D,T,F,SA**

*Topic Area: Physical, Intellectual, Social Growth and Development*

**2.0 CHC**



## School-Age Topics

**Format: Online/Print**

**Reflecting on School Age Care**

**(Min: 5/Max: 20)**

**Tuesday May 11, 2021**

Pre/Co-requisites: None Technology Needs: Laptop/Computer/Phone w/Internet Access

This course is designed to help participants gain tools in preparing and engaging in activities. We all have bad days. From ripped materials and screaming students to failed learning activities and chaotic transitions, all school age professionals have days they wished they could do over again. With reflective practice school age professionals can take these past “failures” and transform them into future success. Join other school age professionals in an in-person training that explores the process of reflective practice in afterschool and summer camp environments. Through hands-on interaction and collaboration, participants will gain valuable insight in how to spot potential weaknesses in their teaching approach and develop these shortfalls into strengths.

**\*D,T,F,SA**

*Topic Area: Physical, Intellectual, Social Growth and Development*

**2.0 CHC**

## Inclusion and Healthy Social Behaviors

**Format: Online/Print**

**Preventing Challenging Behaviors: An ounce of prevention is worth a pound of cure!**

**(Min: 5/Max: 20)**

**Wednesday May 12, 2021**

Pre/Co-requisites: None Technology Needs: Computer/Laptop/Phone w/Internet Access

The environment a teacher creates, paired with her knowledge of the children in her care, can prevent many challenging behaviors in young children. Teachers who create positive social environments find that children more easily develop the social-emotional skills they need to succeed. This session focuses on modifications teachers can make in six key areas of the environment that will prevent and reduce conflict that leads to challenging behaviors.

**\*D,T, SA, PK, P**

*Topic Area: Intellectual, Social Growth and Development*

**2.0 CHC**



**REMINDERS FOR ALL TRAININGS**

- ★ Participants please log in **at least 15 minutes** prior to each session for participant sign-in via chat box.
- ★ **ALL TRAININGS WILL CLOSE 2 DAYS PRIOR TO THE TRAINING DATE OR WHEN THE NUMBER OF PARTICIPANTS REACHES THE MAXIMUM CAPACITY.**
- ★ Registration payments are **non-transferrable, non-refundable**, and non-attendance for training is not credited. **NO SHOW = NO REFUND and NO CREDIT.**
- ★ Training participant may substitute a training session for another session within the same training calendar, depending on space and required documentation being submitted. Requests must be received **at least 2 days** prior to training session.
- ★ If the training is cancelled due to inclement weather or low enrollment, participants will be notified and offered a substitute training session.
- ★ **Please check training descriptions for content and times, as they may vary.**

**REGISTRATION FORM**

Has any of your information changed in the last 3 months? <input type="checkbox"/> Name <input type="checkbox"/> Address <input type="checkbox"/> Phone/Email <input type="checkbox"/> Employment <input type="checkbox"/> No Changes		First Name:	Last Name:	Maiden Name:
Emergency Contact First and Last Name:		Emergency Contact Phone Number:		
Last 5 Digits of Social Security #:	Date of Birth:	Daytime Phone #:	Secondary Phone #:	
Child Care Center/Family Child Care Home Name:			Email Address:	
Mailing Address:				
Current Position: <input type="checkbox"/> Director/Admin. <input type="checkbox"/> Teacher/Assist. <input type="checkbox"/> Floater <input type="checkbox"/> FCCH <input type="checkbox"/> Other: _____			Age Group You Work With: <input type="checkbox"/> Infant <input type="checkbox"/> Toddler <input type="checkbox"/> Preschool <input type="checkbox"/> School Age	
Did you or your facility use QEI funds to pay for any of the trainings listed below? <input type="checkbox"/> Yes <input type="checkbox"/> No				

**TRAINING REQUESTS**

#	Training Title	Date(s) of Training	Training Location	# of CHC/CEUs	Training Fee
1.					\$
2.					\$
3.					\$
4.					\$
5.					\$

Total Number of Trainings: \_\_\_\_\_ Total Amount Due: \$ \_\_\_\_\_

**Please note any special accommodation needs:**

**MAIL OR DROP-OFF PAYMENTS TO:**

One Place  
900 Dennis Road, Jacksonville, NC 28546

**PHONE NUMBER & CONTACT PERSONS**

Phone Number: (910)938-1138  
**\*\*If you have any questions or concerns, please contact: Shannon Niro, School Readiness Program Assistant at [shannon.niro@onslowkids.org](mailto:shannon.niro@onslowkids.org)**

★★★ Register online at [www.oneplaceonslow.org](http://www.oneplaceonslow.org) ★★★

\*Target Audience Key: T-Teacher SA-School Age F-Family Child Care D-Director P-Parents PK -Pre-Kindergarten

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